

The Cholesterol Delusion

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Cholesterol Delusion - Facts are Facts The Cholesterol Delusion systematically refutes prevailing theories that link diet and blood cholesterol levels to coronary heart disease and heart attacks. The Cholesterol Delusion by Dr. Curtis is a scientific, common-sense approach to a healthy lifestyle — not just for the heart. The Cholesterol Delusion by Ernest N. Curtis A delusion is a false belief held with conviction despite incontrovertible evidence to the contrary. In the medical field no delusion has had wider acceptance and a longer run than the belief that cholesterol levels in the blood are a major factor in the causation of atherosclerosis and its two chief complications - heart attack and stroke. The Cholesterol Delusion -

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The truth is that these theories are scientifically bankrupt and cholesterol has nothing to do with the development of atherosclerosis or its subsequent complications. The Cholesterol Delusion - LewRockwell The Cholesterol Delusion - part 2 of 2. by Ernest N. Curtis M.D. (Internal Medicine and Cardiology) Running almost concurrently with the MR.FIT study was a clinical trial that would come to be seen as the one that provided the definitive proof of the Cholesterol Theory. The Lipid Research Clinics Coronary Primary Prevention Trial (LRC-CPPT) screened about half a million

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not be the culprit of heart disease

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